



**ARCHBISHOP SPALDING HIGH SCHOOL
ATHLETIC DEPARTMENT**

Quick Reference Sheet

Athletic Handbook: this document was created for athletes and parents in effort to answer the most common questions. Located on the school website at: www.archbishopspalding.org

Athletic Forms: most commonly used athletic forms are found on the school website. All are downloadable.

Physicals: are required for athletic participation each school year. It is recommended that physicals be done between June 1st and August 1st so time period covers the entire school year.

Injuries and Doctor Visits: recommend seeing the Athletic Trainer before visiting your physician. All injuries assessed by a physician requires a return to play note for clearance purposes.

Start Dates: Established by the MIAA (boys) and IAAM (girls) leagues.
Fall start date for both August 13th.
Winter start date MIAA November 5th IAAM November 5th
Spring start date MIAA February 25th IAAM February 19th

Tryouts: generally are held over three to five days. May include two session in one day. Are open to all interested students. Evaluations are based upon what takes place over the tryout period, not what takes place during out of season workouts or participation.

Roster Cuts: coaches use an evaluation tool / scale to assess skill abilities and overall potential. Staff discussions are also part of the process. Coaches should offer suggestions for skill development and other playing opportunities if any for those who do not make the team.

Playing Time: this is a coaching decision and will go to those who best fit the needs of the team on any given day.

Chain of Command: order of progression to handle player / parent concerns (coach – athletic director – principal)

Multi-Sport Athletes: all student athletes are encouraged to tryout for as many different teams as interest dictates. Participation interests should not be dissuaded by coaches, but should be encouraged.

Eligibility: academic and disciplinary expectations are to be maintained at all times. Failure to meet these expectations will result in a period of ineligibility for the athlete.

Travel Policy: for most team sports buses are provided to all games. Parents may give written permission for their child to drive to, or to pick up their own child after an event. Students may not be driven by other students.

Personal Property: athletes are expected to be responsible for their own belongings. No personal property should be left unattended at any location on campus.

Lockers and Locker Rooms: athletes are required to keep personal items locked up and to utilize locker rooms only for changing purposes. Inappropriate behavior in locker rooms will not be tolerated.

Hazing: any verbal or physical action that makes another person feel pressured or uncomfortable in any situation. Will not be tolerated.

Holidays / Weekends: team membership may require practices or games to be held on weekends or over holiday periods.

Equipment Issue and Return: athletes are responsible for all equipment and uniforms that are issued. Prompt return of such is required at season's end.

League Contacts: Maryland Interscholastic Athletic Association (MIAA)
www.miaasports.com
Interscholastic Athletic Association of Maryland (IAAM)
www.iaamsports.com

Daily Event Information: school website, daily calendar, is online
Athletic Event Line 410-969-9105 x360
(updated at 8:00am and 1:00pm daily)

STAND: Archdiocesan program about the topic of child abuse, required of all teacher, coaches, staff, anyone in contact with our students.

Sports Boosters Club: organization of parents who provide voluntary support for the athletic programs at Spalding.

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